



Skills Section at Blackland Farm Outdoor Centre

At Blackland, you can broaden your understanding and increase your expertise in a number of skills. It's important to note that these activities are not physical activities, but activities that require the development of a new skill related to an activity.

You can also learn a skill as part of a team.

Rock Climbing- National Indoor Climbing Award Scheme Lv 1 and 2

- The National Indoor Climbing Award Scheme (NICAS) provides a safe, fun introduction to climbing indoors, helping learners to develop climbing movement skills and build their confidence, and create a grassroots pathway to additional climbing activities both indoors and outdoors. Climbers can record progress in their own logbook, giving learners a clear roadmap to track their climbing achievements and a sense of being part of the NICAS community. With both an indoor and outdoor climbing wall we have all the amenities to provide a fantastic start to the scheme.

Orienteering - National Navigation Award Scheme, Outdoor Discovery Award

- NNAS is a personal performance, non-competitive, incentive scheme for all ages to learn navigation skills and gain confidence to get out and enjoy the countryside. We currently offer Outdoor Discovery Award 1, 2 and 3 star. The Outdoor Discovery Award or ODA is ideal for people who wish to learn basic navigation skills at a gentle rate, encouraging them to gain and improve personal confidence to get out and get active. The Awards has been developed to help group leaders introduce the basic elements of navigation to people who want to explore outside.

Watersports- Paddle UK Paddle Awards, Paddle Start, Paddle Discover

- The Paddle UK Start Award is a place to start your paddling journey. We cover everything from getting in and out of the boat, what you need to wear, and how to paddle. You don't need any experience, and the award can be completed in any craft- from kayak, canoe, or paddleboard. Following this, you can progress onto the Discover Award, where you can further your skills including rescue, decision making, safety considerations and self-guided adventures.

What you need to do:

- Pick a skill that you wish to develop and discuss it with your DofE Leader.
- Ensure you can attend our planned skills session by...
- Contacting us at info@blacklandfarm.org
- Work with us to set goals, ensure you have the right documents (we hold Public Liability Insurance and have a Safeguarding Policy)
- Get started!

Timescales:

- Bronze- 3 months (you have to spend an extra 3 months on one part of the award, too)
- Silver- 3/6 months (or 6 months in one part of the award, if you haven't completed Bronze)
- Gold- 6/12 months (or 12/18 months if you have not completed Silver)