



Physical Section at Blackland Farm Outdoor Centre

At Blackland, you can choose a sport to regularly take part in, showing personal improvement and a sustained level of physical activity.

You can also undertake the sport as part of a team.

Archery

- Our archery sessions give you the opportunity to take part in competitions during planned sessions with our qualified instructors. No experience necessary!

Watersports

- Sessions in Kayaking, Canoeing and Paddleboarding on Weir Wood Reservoir alongside our qualified watersports instructors.

Climbing

- Rock Climbing on indoor and outdoor artificial walls, as well as on our local sandstone crag, Stone Farm Rocks, with our qualified instructors.

Walking

- Walking and hiking around the local area with our qualified instructors..

What you need to do:

- Pick a sport that you wish to attend and discuss it with your DofE Leader.
- Ensure you can attend our planned skills session by...
- Contacting us at info@blacklandfarm.org
- Work with us to set goals, ensure you have the right documents (we hold Public Liability Insurance and have a Safeguarding Policy)
- Get started!

Timescales:

- Bronze- 3 months (you have to spend an extra 3 months on one part of the award, too)
- Silver- 3/6 months (or 6 months in one part of the award, if you haven't completed Bronze)
- Gold- 6/12 months (or 12/18 months if you have not completed Silver)